



## CRONO SPRING CLEANING

While we are all shut in this spring we would like to share some spring cleaning tips with you.

**First, NEVER mix an amonia product with a bleach product because it will create a deadly gas that can harm you! Read ingredients carefully, do not even spray one chemical on top of another on a surface.**

Second, think about Borax, Vinegar, Lemons, Baking Soda and Dishwashing Soap to make your own non-toxic cleaning products.

### All Purpose Cleaner

Mix 2 tsp. Borax and 1 tsp. liquid dishwashing soap in 1 quart of water and store in spray bottle.

### All Purpose Tile Cleaner

Add 2 tbsp. baking soda to 1 quart warm water to clean porcelain tile. Substitute Washing Soda for very difficult stains and grime. The higher alkalinity of the Washing Soda will work better than Baking Soda, but it can dry out your skin, so, we suggest using gloves.

### All Purpose Glass Cleaner

Mix 1/4 cup white vinegar (or 2 tbsp. lemon juice) in 1 quart warm water and store in spray bottle. White Vinegar and Lemon Juice are acidic – they neutralize alkaline substances such as scale from hard water. They also kill mold, germs, and bacteria.

### Oven Cleaner

Mix 2 tsp. Borax, 2 tbsp. dishwashing soap and 1 quart warm water and spray in oven, wait 20 minutes and clean.

### Okay, what happens if I am running low on hand washing soap... what should I do?

Robert Goodman, Ph.D. in Biochemistry says...

Look for these common items around the house:

1. liquid dishwashing detergent
2. liquid bubble bath
3. shaving cream
4. liquid All free-clear (keep out of eyes)
5. powdered bubble bath (make a paste)
6. bubble bar (use a piece)
7. self-emulsifying (non-floating) bath oil
8. spermicidal foam or jelly (ESPECIALLY keep out of eyes, and off lips)
9. bubble blowing solution (need a lot)



These items can be diluted in water and make a very effective hand washing solution because the coronavirus has a delicate fatty surface that is easily destroyed by any kind of soap.

So, wash often for at least 20 seconds at a time.

## We want our service to be the best, and you can help

**Garbage Carts** Please place your cart at the curb edge with **at least 3 feet of clearance** from other objects, including other carts, basketball hoops and motor vehicles. Make sure your cart lid is down completely. Thank you for helping us provide you with the best possible service. Together we can keep our neighborhoods safe and clean.

**Please — no dirt, rocks, batteries, fluorescent lights, sharps or overloading — lids must be closed to prevent spills.**



**Recycling Cart Acceptable List** Paper, cardboard, aluminum containers and foil, steel or tin cans, glass bottles and jars, plastic bottles and tubs (such as yogurt, margarine and cottage cheese, numbers ♻️ through ♻️).

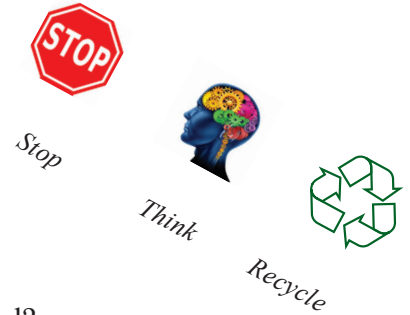
**Recycling Cart Non-Acceptable List** No plastic bags, wrapping film, wire and string, waxed paper containers, foam packaging, paper towels & napkins, food soiled paper & cardboard, aerosol cans and diapers.

**Greenwaste Cart Acceptable List** Grass and weed clippings, shrubs and tree prunings (less than 4" in diameter), leaves, plants and flowers, food scraps and food soiled paper products.

**Greenwaste Cart Non-Acceptable List** No plastic bags, wrapping film, no household garbage. **No dirt or rocks. No overloading — lid must be closed to prevent spills.**

# Here is a quick recycling quiz... bet you know more than you think.

1. I just made a chocolate cream pie. Can the aluminum pie plate be recycled?
2. I have extra brown paper bags. Can they be put in the recycling cart?
3. The kids like juice pouches; are the pouches recyclable?
4. My plastic detergent bottle is empty, should I put it into the trash or recycle it?
5. I use paper napkins, are dirty napkins recyclable?
6. What about plastic soap or shampoo bottles with pumps, should they be recycled?
7. I have many thermal paper store receipts. Can they be recycled with other paper?
8. I just bought a new electric iron. What do I do with the old one?
9. I have a large number of old greeting cards, can they be recycled with other paper?
10. Can paper egg cartons be recycled?
11. Can I recycle all containers with a recycling symbol and a recycling number?
12. What do I do with plastic vitamin bottles?



*To find out about what other materials can be recycled, check out the PGS website at [PleasantonGarbageService.com](http://PleasantonGarbageService.com) or the [Stopwaste.org](http://Stopwaste.org) website.*

## **Answers**

1. Rinse or wipe clean all food or other residue on the aluminum pie plate and put it in your recycling cart.
2. If the bags are clean and dry, they go in with other paper to be recycled. Another great use for paper bags is to collect food scraps from the kitchen and put them in the greenwaste cart.
3. Juice or food pouches belong in the trash... they are an example of consumer packaging that can't be readily reused, recycled, or composted. Think about using reusable containers for drinks.
4. Put this in your recycling bin. Detergent jugs are high density polyethylene (HDPE) plastic and is labeled as #2 plastic for recycling purposes. It is one of the most commonly used plastics in the U.S. Because this plastic is so strong, durable, and easy to recycle, it is an ideal material to use in making plastic lumber and plastic furniture.
5. Soiled paper napkins can be composted in your greenwaste cart. Please do not put food soiled paper like napkins, pizza boxes and paper food containers in the recycling cart... only the greenwaste cart.
6. Recycle the empty plastic bottle. Please put the pump in the trash.
7. Put paper receipts in your trash bin. Receipt paper is thermal paper. This slightly shiny, smooth paper contains chemicals that allow printing via heat transfer, rather than with ink, but it also poses health concerns. One of chemicals thermal paper has is BPA which is toxic. Receipts will contaminate your regular paper recycling.
8. Consider donating items in good working condition. Electronics don't go into the recycling bin but can be donated if in working condition or dropped off at a household hazardous waste facility, go to [Stopwaste.org](http://Stopwaste.org) to find a facility near you.
9. Greeting cards without metallic inks, foil, wire, or glitter can be placed in your recycling cart. All other greeting cards with metallic inks, foil, wire or glitter should go in the trash.
10. Yes, paper and clear plastic egg cartons should be put in your recycling bin. Polystyrene egg cartons must be put in the trash. Think about this when you choose what eggs to buy.
11. Currently the plastics that are accepted for recycling are: #1 through #7.
12. Put plastic vitamin bottles in your recycling bin. Empty vitamin and over-the-counter (OTC) medicine bottles that are bigger than 2 inches in diameter can go in the recycling. Smaller bottles fall through the machinery and end up not getting recycled. *Note: Prescription bottles are not recyclable.*