



## Simplify Your Life Stop Junk Mail For Good



**Catalog Choice** Catalog Choice's mission is to stop junk mail for good. For the past 8 years, Catalog Choice has been passionate about helping protect natural resources and helping you simplify your life. Use this free service to cancel specific catalogs and other types



Jimmy McGuinness sits amid the estimated 1,500 pieces of junk mail that had been delivered to his home in 1995

of paper mail you no longer wish to receive. Catalog Choice sends merchants your catalog opt-out request on your behalf, but please note that we have no control over how and when merchants will process your opt-out request. We're constantly trying to work with merchants to encourage them to comply with your opt-out requests.

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Please note that signing up for this service will not stop all of your incoming paper junk mail in one fell swoop, as Catalog Choice does not have the capacity to stop mail from your local USPS or from

prospecting lists. Catalog Choice recommends that our users sign up for DMA choice in tandem with our service to take your name off of these prospecting lists, because many catalog merchants share lists of personal information with other merchants.

Catalog Choice is a non-profit organization unaffiliated with the mail marketing industry. Catalog Choice does not mail out merchant catalogs or other paper mail, and does not assist with product orders of any kind. Contact the appropriate merchant directly for product-related inquiries.



THE STORY OF **STUFF** PROJECT Catalog Choice is a 501(c)(3) non-profit organization, managed by The Story of Stuff Project, with EIN #46-4334785. Any donations to Catalog Choice/The Story of Stuff Project are fully tax-deductible in the U.S.A.

Visit  
[www.catalogchoice.org](http://www.catalogchoice.org)  
and stop your junk  
mail for good!

Source: [www.catalogchoice.org](http://www.catalogchoice.org)

### We want our service to be the best, and you can help

**Garbage Carts** Please place your cart at the curb edge with *at least 3 feet of clearance* from other objects, including other carts, basketball hoops and motor vehicles. Make sure your cart lid is down completely. Thank you for helping us provide you with the best possible service. Together we can keep our neighborhoods safe and clean.

**Please — no dirt, rocks, batteries, fluorescent lights, sharps or overloading — lids must be closed to prevent spills.**



**Recycling Cart Acceptable List** Paper, cardboard, aluminum containers and foil, steel or tin cans, glass bottles and jars, plastic bottles and tubs (such as yogurt, margarine and cottage cheese, numbers ♻️ through ♻️).

**Recycling Cart Non-Acceptable List** No plastic bags, wrapping film, wire and string, waxed paper containers, foam packaging, paper towels & napkins, food soiled paper & cardboard, aerosol cans and diapers.

**Greenwaste Cart Acceptable List** Grass and weed clippings, shrubs and tree prunings (less than 4" in diameter), leaves, plants and flowers, food scraps and food soiled paper products.

**Greenwaste Cart Non-Acceptable List** No plastic bags, wrapping film, no household garbage. **No dirt or rocks.**  
**No overloading — lid must be closed to prevent spills.**

# Household Hazardous Waste Service Change

As of March 25, 2019 Household Hazardous Waste (HHW) facilities can no longer accept **Prescription Medication** at the Oakland, Livermore, and Hayward drop-off facilities. Prescription Medication is accepted at over 70 drug stores, hospitals, and law enforcement sites throughout the county, for more information visit [www.stopwaste.org](http://www.stopwaste.org).

## Medicine and Prescription Medications

### Disposal Options:

**Medicines should never be flushed down the toilet or placed in the trash.**

- Dispose of your unneeded drugs at local pharmacies, hospitals, and law enforcement sites, see the list below for details.
- Go to [stopwaste.org](http://stopwaste.org) and search Recycle Where? for other locations.



### Special Instructions:

- Pills should be poured out into Ziploc bags (it protects your privacy and lowers disposal costs). All of your pills may be mixed together in one bag.
- Needles and other sharps must be packaged in approved sharps containers made with puncture and leak-resistant plastic.
- Liquids and creams: leave in their original container and secure caps/lids. Black out any personally identifying information and place in a Ziploc bag.

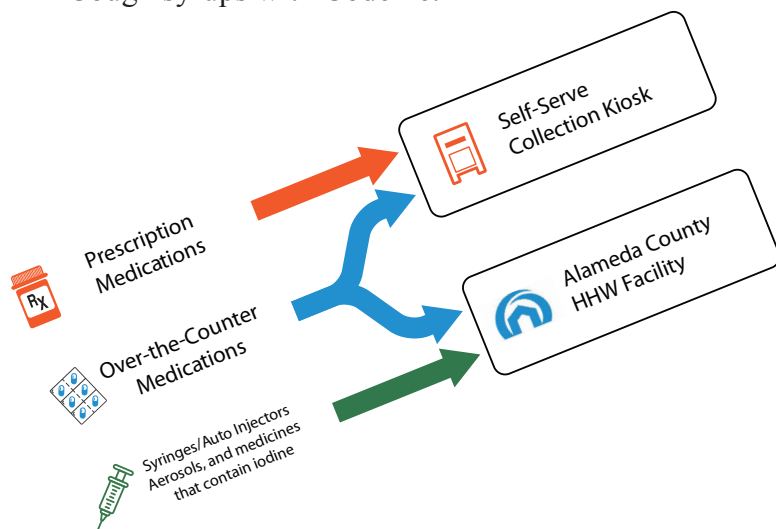


### Controlled Substances:

Prescription controlled substances are drugs that have a high potential for abuse and may lead to physical or psychological dependence. Due to legal restrictions the Alameda County HHW facilities and many other drop off locations **CANNOT ACCEPT CONTROLLED SUBSTANCES**. Check the table below for locations that accept controlled substances.

### Controlled Substances Include:

- Narcotic pain medications such as Vicodin, Oxycontin, and Codeine.
- Sleeping pills such as Valium, Lunesta, and Ambien.
- ADD/ADHS drugs such as Concerta, and Adderall.
- Antidepressants such as Zoloft.
- Cough syrups with Codeine.



## Self-Serve Kiosks for Prescription Medication Drop-Off Locations that Accept Controlled and Non-Controlled Medicine

<i>NAME</i>	<i>CITY</i>	<i>ADDRESS</i>	<i>SHARPS ACCEPTED</i>
CVS Pharmacy	Pleasanton	3010 Bernal Ave.	Yes
CVS Pharmacy	Pleasanton	6750 Bernal Ave.	Yes
CVS Pharmacy	Pleasanton	3999 Santa Rita Rd.	No
Kaiser Pharmacy	Pleasanton	7601 Stoneridge Dr.	Yes
Pleasanton Police Department	Pleasanton	4833 Bernal Ave.	No
CVS Pharmacy	Dublin	7201 Regional St.	Yes
Dublin Police Department	Dublin	100 Civic Plaza	No
CVS Pharmacy	Livermore	1500 1st St.	Yes
CVS Pharmacy	Livermore	4405 1st Street	Yes
Kaiser Pharmacy	Livermore	3000 Las Positas Rd.	Yes
CVS Pharmacy	Castro Valley	3667 Castro Valley Blvd.	Yes